

MONTHLY BUDGET — STANDARD MODE

Month: _____ (page 1 of 2)

INCOME

Paycheck 1

\$

Paycheck 2

\$

Other

\$

TOTAL INCOME: \$ _____

Category	Planned	Actual
● Rent / Mortgage	\$	\$
● Groceries	\$	\$
● Transport	\$	\$
● Utilities	\$	\$
● Phone / Internet	\$	\$
● Insurance	\$	\$
● Dining Out	\$	\$
● Entertainment	\$	\$
● Shopping	\$	\$

continued on next page →

MONTHLY BUDGET — STANDARD MODE

Month: _____ (page 2 of 2)

Category	Planned	Actual
 Emergency Fund	\$	\$
 Goals	\$	\$
 Debt Payment 1	\$	\$
 Debt Payment 2	\$	\$
 Custom	\$	\$
TOTAL EXPENSES	\$	\$
LEFT OVER	\$	\$



If 'Left Over' is negative, that's not failure — it's information. Adjust next month.

BILL REMINDER DASHBOARD

Month: _____

● Paid ● Coming Up ● Overdue ○ Not Yet

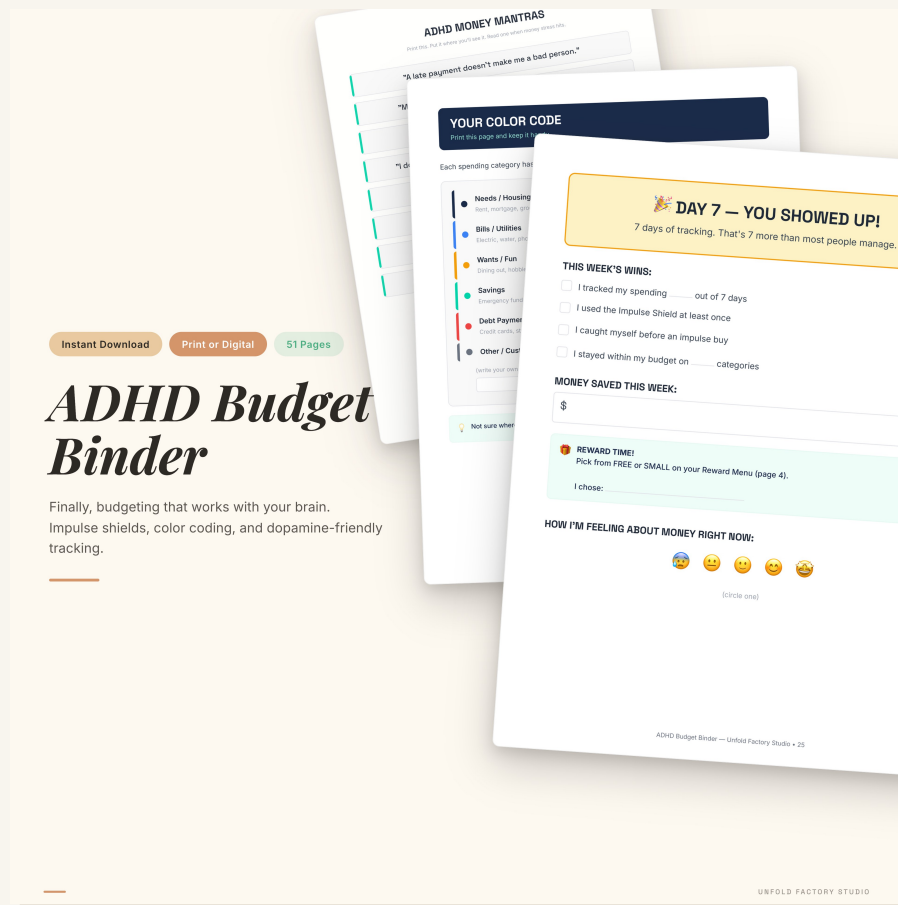
Due Date	Bill Name	Amount	Status
		\$	☐
		\$	☐
		\$	☐
		\$	☐
		\$	☐
		\$	☐
		\$	☐
		\$	☐
		\$	☐
		\$	☐
		\$	☐
		\$	☐
		\$	☐
		\$	☐

UNFOLDFACTORY

THE WHOLE MONEY SYSTEM, IN ONE BINDER

ADHD Budget Binder

51 pages for brains that hate budgeting: simple, standard and detailed budget modes, a bill dashboard, subscription audit, expense trackers, savings and debt snowball pages, and the Impulse Spending Shield.



See the binder on Etsy

etsy.com/shop/UnfoldFactory · [@unfoldfactory](https://www.instagram.com/unfoldfactory) on Instagram

Free for personal use. Please don't resell or share the file; send friends to [@unfoldfactory](https://www.instagram.com/unfoldfactory) instead.